# IMPACT'S PILOT TRIP TO BUEA, CAMEROON

NSEHNIITOOH APOLINARES MBAH, MD

ROBERT P WESSEL III, MD

27 JANUARY – 4 FEBRUARY 2024

# PURPOSE





Plan for multiple different specialties to come in future years



Ideally will become annual event

# INAUGURAL TRIP

- DR MBAH
  - University of Louisville MD
  - University of Pittsburgh Emergency Medicine
- DR WESSEL
  - University of Louisville MD
  - Indiana University Orthopaedic Trauma









# BEFORE YOU GO

- VACCINATIONS
  - YELLOW FEVER MANDATORY
  - PNEUMOCOCCAL
  - Polio
  - MALARIA
  - TYPHOID
- Passport
- E-VISA



Buea 75°

6:42 -

Dartly c	loudy cond	itions expected	around Row

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				72°	

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Touay		07	00
Thu		66° <del></del>	82°
Fri	*	67°	83°
Sat	*	67° <del></del>	83°
Sun	*	67° ———	83°
Mon	*	67° <del></del>	83°
Tue	*	67° <del></del>	84°
Wed	*	66° <del></del>	- 85°
Thu	*	68° <del></del>	- 84°
Fri	*	68° -	84°

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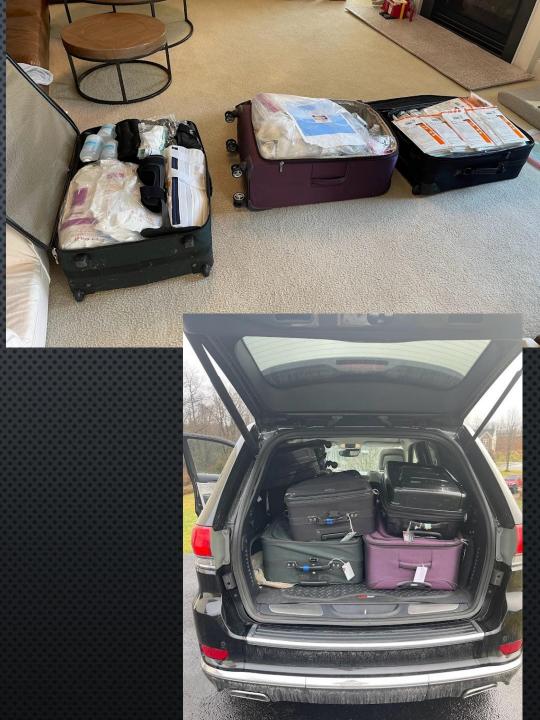


# **CRISIS**

- CAMEROONIAN CIVIL WAR
- CAMEROON CRISIS
- AMBAZONIAN WAR

#### PACKING LIST

- WEATHER
  - DRY SEASON
    - CLOUDY, 65-85 DEGREES ALMOST EVERY DAY
- ~5 days worth of clothes. Free Laundry service on site
  - WORK CLOTHES (SCRUBS), LOUNGE ATTIRE (SHORTS OR SWEAT PANTS, SHIRT), COUPLE PAIRS OF DRESS CLOTHES (NO TIES NEEDED), DRESS SHOES
- FOOD SERVICE ON SITE
- BOTTLED WATER PROVIDED
- THE ONLY MONEY YOU WILL SPEND WILL BE ON SOUVENIRS



#### PRE-VISIT COMMUNITY ANNOUNCEMENTS





#### DIOCESE OF BUEA

Tel: (+237)233324403 - Cell: (237) 677432810

P.O Box 64, Buea, Email: info@bueadiocese.org; bishop@bueadiocese.org

DB/B-BOC-64/2023/7 December 17, 2023

To:
All Clergy.
All Members of the Institutes of Consecrated Life,
All Societies of Apostolic Life,
All Lay faithful and People of Goodwill,
Dioces of Buen.

Dear People of God and People of Goodwill,

Re: Visit of Two Medical Doctors from the United States of America to Mount Mary Hospital, Diocese of Bura.

I write to inform you that following a request I made to some Medical Doctors from the United States of America, two of them Dr. Robert Wessel and Dr. Apollinaris Mbah will be visiting Mount Mary Hoopital from the 27th January to the 5th February, 2024. We thank them for willingly accepting my invitation to come to Mount Mary Hospital, Diocese of Buen to provide health care to the people of the Diocese of Buen.

Consultations and surgical procedures shall begin on the 29th of January to the 3rd of February 2024. During their stay, they will carry out operations related to fractures, congenital deformities, joint issues (ankle, knee, and hip) as well as other general medical bone issues.

The Health Coordination Office and the Administration of Mount Mary Hospital will come up with a detailed program to facilitate consultation during these days and they will keep the public informed.

We welcome them into our Diocese and pray that their presence amongst us will go a long way to establishing a long-lasting relationship that will help us as far as health care is conserned.

Yours in His Service.

+Michael Miabesue Bibi Bishop of Buca







# MOUNT MARY HOSPITAL

# • XRAY / OPERATING ROOM / MATERNITY WARD



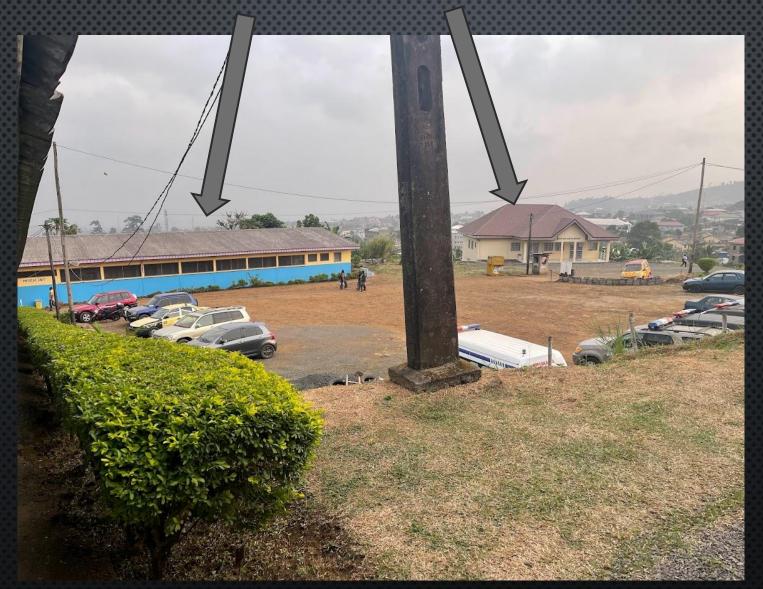
• Ortho Clinic / Medical & Surgical Wards / Pharmacy



# • LAB / FAMILY MEDICINE CLINIC & WARD



# WARD / MORTUARY



# TYPICAL WORKDAY

7am wake up

730 breakfast

8am ride to hospital

815am-1pm clinic

1-130pm lunch

130-6pm clinic

6-7pm return home, change for dinner

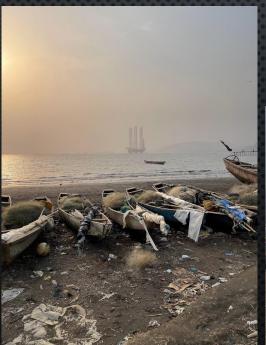
7-8pm dinner

8-10pm hang out in living room

# EXCURSIONS

- AVAILABLE, WE DIDN'T DO ANY
- ON DAYS OFF WE WOULD SEE OTHER HOSPITALS, REHABS, SCHOOLS, AND UNIVERSITIES
  - COMEDIAN
- ONE SUNDAY WE TRAVELED WITH BISHOP BIBI TO ONE OF HIS CONGREGATIONS
- SPENT TIME AT LOCAL FISH MARKET AND BEACH





















### **DMRTV**

- JUDE MBAKU AND HIS CREW
  - DOCUMENTING THE EXPERIENCE









# BISHOP'S GUEST HOUSE





OPERATING ROOM









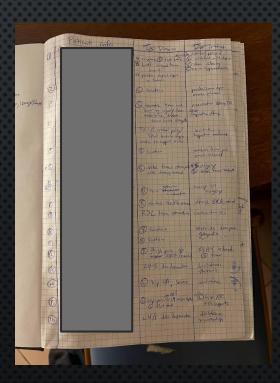


#### COMMON DIAGNOSES

#### RARE DIAGNOSES

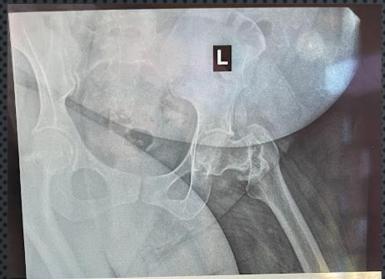
- SCIATICA / LUMBAR DDD
- KNEE OSTEOARTHRITIS
- HIP OSTEOARTHRITIS/ PTOA / AVN
- CEREBRAL PALSY
- MALUNIONS / NONUNIONS
- BRACHIAL PLEXOPATHIES

- POLAND SYNDROME
- BLOUNTS DISEASE
- RADIOULNAR SYNOSTOSIS
- CHRONIC DISLOCATIONS
- CHRONIC TENDON RUPTURES
- SCAPULOTHORACIC DISSOCIATION
- Malaria
- TMJ DISLOCATION
- SICKLE CELL DISEASE









UEENTA, Patient ID: 10228 ECHOGRAPHIE ET DE RADIOLOGIE DE DEIDO: CERAD fone 233401231, Date: 18/07/2





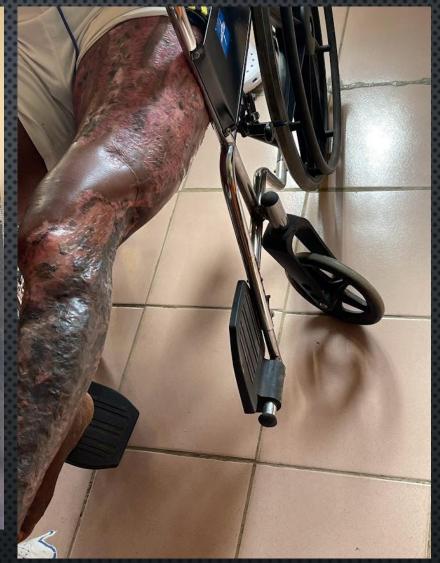












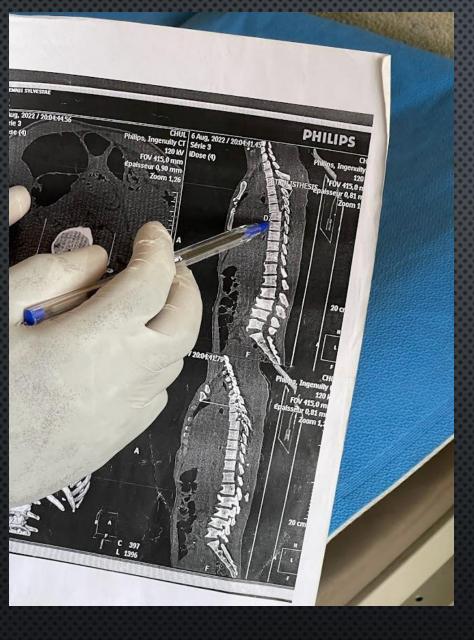
























# SURGERIES

- 3 PERFORMED
  - ORIF GALEAZZI
  - SEQUESTRECTOMY FEMUR
  - INFECTED HWR HUMERUS







# SURGICAL TEAM









#### ARCH



#### MISSION

To provide rehabilitation services to people living with disabilities and enabling them become sustainably reintegrated into society.

#### VISION

To be a Centre of reference for rehabilitation services in Central African sub region by using Excellence as our watchword and doing ordinary things extraordinarily well.

กวาธ

- Prevention and management of disabilities through
- . Consultation and treatment of persons with special physical needs.
- Counselling families and persons living with disabilities.
- Education for the prevention of physical deformities.
- Promote, defend, and protect the rights of the physically handicapped persons amongst others.

#### ACTIVITIES

ARCH provides assistance to both children and adults living with varied physical disabilities

#### CHILDREN

♦ Brachial Plexus Injury(Paralyzed Arm), Spina Bifida, Knocked Knees, Cerebral Palsy, Club Feet, Delayed Development, Down Syndrome, Bow Legs, Post Joints etc





#### TECHNICA STUBB ARTMENT Prosthesis, Ca lipers 1578 Strokes And insoles, Neskets Stiff And Painful Joints, Aga Tracial Paralysis, 92 TONTOO Parkinson's Disease, Fractures,

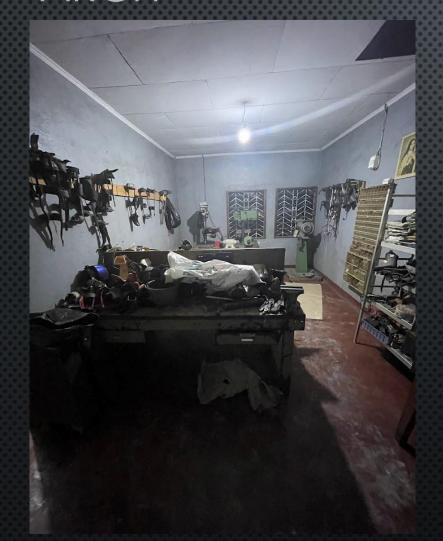








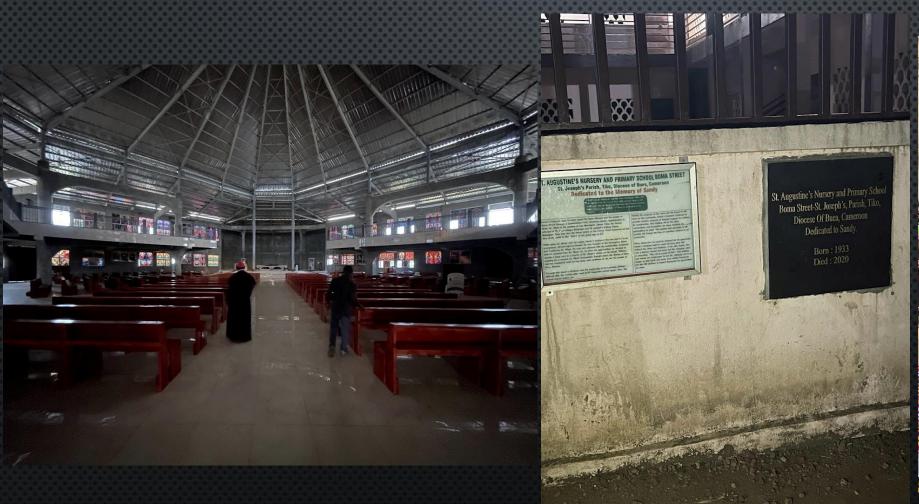
# ARCH







# CATHEDRAL, PRIMARY SCHOOL, SECONDARY SCHOOL





# TRADITIONAL DANCE







### PIDGIN

- COME CHOP
- Mamma why you come see we today
- ASHIA
- A DON DIE
- Na how much
- A BEG FOR WATA

JOHN BENJAMINS PUBLISHING COMPANY

London Oriental and African Language Library 20

Miriam Ayafor and Melanie Green

Cameroon Pidgin English

# FAREWELL



### SPECIAL THANKS

- BISHOP BIBI
- INNOCENT BIBI
- LYONGA
- Nurse Claudia
- JUDE MBAKU
- FATHER JUDE
- SISTER EMELINE
- JEWEL MBAH
  - VICTORIA AND BRYCE
- ANNE WESSEL
  - ROBBIE AND MOLLY









# THE END

- Contact Rob Wessel with Questions, requests, or comments
  - RPWESSEL3@GMAIL.COM

